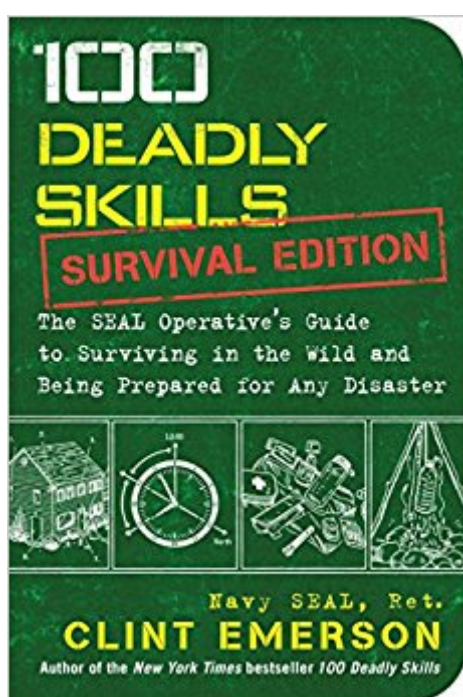


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100 Deadly Skills: Survival Edition: The SEAL Operative's Guide To Surviving In The Wild And Being Prepared For Any Disaster



Synopsis

From national bestselling author and retired Navy SEAL Clint Emerson comes the essential guide for surviving today's emergencies—from navigating in the wild to staying alive in any disaster. These 100 skills, adapted for civilians from actual field experiences of special forces operations, offer a complete hands-on and practical guide to help you survive in the wild no matter the climate or terrain; be prepared for any crisis; and have the critical life-saving knowledge for staying safe in any hostile environment or disaster. Yesterday's survival guide is no longer relevant. 100 Deadly Skills: Survival Edition is what you need for today's world, combining survival hacks developed on the battlefield with the low-tech tools you have on hand. This book is your essential prep manual, from securing shelter, building fire, finding food, and navigating back to civilization no matter the environment to thinking like a special forces soldier so that you can survive a hostage situation, an active shooter, a suicide bomber, or a terrorist threat on the subway, and even apply trauma medicine as a first responder. Full of specific scenarios to help you get in the mindset of survival, 100 Deadly Skills: Survival Edition is better than a Swiss Army knife whether you're lost at sea, forced to land a plane, fighting off a bear, or deciding whether to run, hide, or fight. Next to each skill are easy-to-grasp detailed illustrations, because when you need to survive the apocalypse, you don't have time for complicated instructions.

Book Information

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Customer Reviews

Clint Emerson, retired Navy SEAL, spent twenty years conducting special ops all over the world while attached to SEAL Teams (including the elite SEAL Team SIX) and the National Security Agency (NSA). Utilizing an array of practical skills he developed to protect himself while at home and abroad, he created Violent Nomad—a personal, non-kinetic capture/kill program cataloging the skills necessary to defend against any predator or crisis.

First of all, note that the skills advertised in the book are deadly—but not for the reasons you might think. The skills documented here are not actually intended to kill anyone; rather, they are designed to keep you alive. The author, Clint Emerson, is a retired Navy SEAL who specializes in security. He was even on the elite SEAL Team Six. If you know any SEALs, or have read about their training, then you know they are the toughest of the tough. In other words, these 100 Deadly Skills are not the theories of some guy sitting at a desk—they are methods used by the author in deadly serious circumstances. Clint makes it clear right off the bat that your own preparation is the key: "The only elements of crisis under our control are our own preparation and response." (When I read that, I immediately thought of the famous Douglas MacArthur adage, "Preparation is the Key to Success and Victory.") So, while the points are termed "Skills," they are just as much about preparation. You might be tempted to dismiss the ideas here as too extreme, or even silly. I did NOT think the ideas were silly (well, okay, I skipped #14, "Escaping a Wild Boar Attack.") Of course, many of the ideas won't apply to many people. If you don't take cruises, you can also skip #44, "Defend a Ship against Pirates." Some of the ideas, however, hit close to home, and really got me thinking. Idea #3, "Prepare a Vehicle Go-Bag" suggests you have a personal survival kit in my car: "Gather everyday carry items that promote safety and survival...A basement full of emergency supplies is an excellent starting point for disaster preparation, but the trunk of your car is an underutilized resource." I thought the points in this section were excellent. Why not put my car trunk to good use? Each of the 100 Skills includes a discussion of the concept, detailed instructions, and illustrations. For each deadly idea, there is also a succinct summary of the points. For example, here's the summary for #22 Locate Drinking Water in an Arid Desert: * Follow the signs of water. * Get to high ground, carefully observe surroundings. * Locate dry streams and Locate animals and river-beds: dig for water. their tracks. * Locate vegetation: water loving, broad-leaved plants and trees. * Look for swarms of flies, mosquitos, and bees. * Dig in dry riverbeds and under vegetation. I found these summary points to be a valuable wrap-up of each idea. To make my reading more efficient, I found it most useful to scan the Table of Contents for ideas that are relevant to me. So, for example, I skipped #14, "Escape a Wild Boar Attack." I hardly ever see wild boars in San Francisco. And

honestly, I seriously doubt I could skin and eat a snake (Idea #24, "Skin from head to tail. Cook thoroughly.") But others, I spent a lot of time studying--like the ones about home security and home invasions. Just about everyone can benefit from the deadly skills on protecting your home. For example, "Building rapport with your neighbors is one of the most important things you can do to protect your home." Honestly, that point never occurred to me. Here's another one: If you have a surveillance camera, make sure it's focused properly: "A camera narrowly focused on a walkway or door will have a much better chance of delivering results." Good point. It didn't occur to me that too broad of a focus would make it hard to identify the crooks. Finally, here's a great idea, to use if you're lost and the police are looking for you. On your Smartphone, you probably have "Location Services" turned Off. Well, if you do, that makes it harder for the police to find you. So, "Turn on location services in your general settings to enable law enforcement authorities to track your phone." Wow. Probably other readers already thought about this, but I confess I didn't. All in all, I found 100 DEADLY SKILLS to be a fun, helpful book. I enjoyed scouring through the many ideas. Whilst many of the skills don't apply to me, there were many that did, and the suggestions offered were valuable. Some fit my circumstances, and others--well, no. I just can't see myself skinning that snake. Advance Review Copy courtesy of Edelweiss.

I got this as a bit of a gag gift. I read it while winter camping and ended up finishing the entire book in long night. Emerson blends functionality, humor, and a bit of unpredictability into what ends up being a pretty good book. I like his teaching method and will be using the book as a reference to teach a nine year old basic survival skills. I will wait till the boy is a little older before we cover the chapter on how to hide a body.

If you have family & friends who don't exactly embrace Being Prepared, then consider this the a book that is written in a way that they can consume quickly & easily. Easy to pick up, but hard to put down.

Though many will already have much of the knowledge included in this book, there is still a ton I didn't know, as well as great explanations of why. It's a good short read, with excellent tips to make some tasks easier, as well as the 'why.' I haven't finished it yet, and from the looks of it, I haven't even gotten to the most relevant parts yet. Highly recommend

I never stop learning the skills that are out there. A great addition for my B.O.B (Bug Out Bag).

I'm not one to be impressed by too many purchases, but this product is awesome. I purchased this as a part of my boyfriend's "survival kit" Christmas gift, and he loves it! My boyfriend is not a huge reader, but he loves learning new tricks. I would highly recommend this product if you love being outdoors!

I can kill you with my cell phone, lol. Nice stuff good guide to feel safe. Remember strength is the key, technique is only as good as the force behind it. It is addressed in this book.

Gave this as gifts to my adult children who have the means to purchase anything they need or want. Yes, that does make gift-giving nearly impossible! I included waterproof matches and other bits and bobs used in the book to make a Deadly Skills Care Package. A big hit.

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